

Services Available from DVR

DVR offers a variety of services to help you prepare for, get and keep a job. The services you use depend on your individual needs and circumstances. DVR can provide you with the information necessary to assist you in deciding which services you need to reach your job goal. These include:

Assessment services to measure your strengths, capabilities, work skills and interests and assist you in selecting a job goal and the DVR support services you need to reach that goal.



Benefit planning services to help you understand how working could impact disability cash or medical benefits (e.g. Supplemental Security Income or Social Security Disability Insurance) that you receive.

Counseling and guidance services provided throughout the rehabilitation process to help you make good decisions about how to reach your goal.

Independent living services to help you understand disability challenges that prevent you from working. These include, but are not limited to:

- Training in time management.
- Training in understanding disability limitations.
- Accessing community resources.

Assistive technology services to help you remove communication and/or physical barriers that may stop you from getting and keeping the job you want. These may include such devices as hearing aids, visual aids or special computer software. You can explore with your counselor how technology might help you reach your employment goal.

Vocational Training, Post-Secondary Education and On-the-Job Training opportunities to help you build skills and meet qualifications.

Job placement services to help you carry out your job search, including:

- Assistance completing job applications.
- Developing a resume.
- Practicing interview skills and identifying job leads.

Youth and HS Transition services to help you prepare to transition from high school to the workplace.



Mission

Transforming lives by assisting individuals with disabilities to fully participate in their communities through meaningful employment.

Vision

Students, youth and adults with disabilities are empowered to dream big and achieve their employment goals.

Values

- **Transparency** through clear, honest communication with customers, staff and partners.
- Acting with **Integrity**, upholding the ethics and values of our profession.
- Promoting a culture of **Empowerment** for customers and staff.
- Advancing rehabilitation practices through **Innovation**.
- **Collaboration** with customers, staff and partners that produces results.
- Commitment to **Equity, Diversity, Access** and **Inclusion** in all its forms to achieve excellence.

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Providing DVR Services Since 1933

State and Federal funds are used to deliver DVR services. The VR program receives approximately 78 percent in Federal funds and 22 percent in State funds. For detailed information on the dollar amount of Federal funds for the program, please visit <https://rsa.ed.gov/programs.cfm?pc=bric-vr&sub=awards>.

Employ Your Abilities



*Washington State Department
of Social and Health Services
Division of Vocational Rehabilitation*



Is DVR right for you?

About DVR

DVR is a statewide resource assisting people with disabilities to prepare for, secure, maintain, advance in or regain employment. DVR partners with organizations and businesses to develop employment opportunities.

Who DVR serves

People who seek meaningful, secure employment but whose disabilities may result in one or more barriers to achieving an employment goal.

DVR can help you go to work

DVR staff will help you get the information you need to make a good decision about:

- What type of job you want.
- Steps needed to reach your job goal.

With support from DVR, you will:

- Design and carry out a step-by-step plan to reach your employment goal.



The Rehabilitation Process

Application

- DVR will provide you with information about vocational rehabilitation services.
- You must complete an application with DVR before services can begin.
- Your application will be reviewed by a DVR counselor to determine if you are eligible for DVR services.



Eligibility

You are eligible for DVR services if you:

- Have a physical, mental or sensory disability that results in a barrier to employment.
- You require vocational rehabilitation services to get or keep a job.
- You are capable of working as a result of receiving DVR services.

Your DVR counseling team collects records to document your identity, disability and work status. If no records about your disability exist, you may need to complete medical examinations or tests to verify or support eligibility.

Waiting List

If DVR cannot serve every eligible individual because of funding limitations, it must establish a waiting list for services. By law, DVR must prioritize services to individuals with the most significant disabilities.

Individuals will be selected from the waiting list based on the significance of their disability and the date they applied for services. A DVR counselor will determine the significance of disability and priority category and notify you of this determination as part of the eligibility process.

Vocational Assessment

You and your DVR counselor explore types of jobs that match your vocational assessment. You will review:

- Your strengths, abilities and interests.
- Your work history and skills.
- Information about local job-market trends.

Or you may complete:

- Interests and/or aptitude tests.
- Job tryouts.



Plan for Employment

Your DVR counselor offers ongoing counseling and guidance to support you in the development of your Individualized Plan for Employment. This includes:

- Selecting a job goal.
- Outlining what steps and services you need to reach your job goal.
- Working on the activities outlined in your plan. These may include:
 - Training and education.
 - Conducting a job search.
 - Researching job-related resources and referrals.
 - Job-search training.
 - Resume and interview techniques.
 - Job-placement assistance.
 - Support in keeping a job.

Successfully Employed

- After you get a job, DVR will maintain contact with you for at least 90 days to ensure the job is a good match.
- After 90 days, if you are doing well on the job and no other services are needed, you and your DVR counselor will decide when to close your case.

Immediate Risk of Losing Employment

- If you are at immediate risk of losing your job due to your disability, DVR might be able to assist you with specific services in the very near future in order to help you keep your job.